



Youth Football

Development Federation



Youth Football Development Federation UK

Welcome to the YFDF, we are very excited to give Football a new voice for all youth football at grassroots at all levels. The federation has emerged after 3 yrs of research after the covid period in the uk. Many questions was asked about the future of grassroots in this country and how far we are behind within the world of grassroots football and the big gap between grassroots and academy football.

Due to the research we felt that a change is needed and another voice for Grassroots football is required that focuses totally on Grassroots, it is a bold and frightening move to tackle all the question that we received from players, coaches, and other club and match officials.

There was three main questions that concerned the future of the game at grassroots level, we cant change over night, even now there is no association separated to be a signal voice for grassroots after over 100 yrs.

The questions that was asked are

Q) Is the new federation totally focused on grassroots

A)The federation sole objective is grassroots and its development within the UK, and develop opportunities for a pathway to Senior level but narrowing the gap between Grassroots and academy, there is over 20000 private well established academies outside the FA of which as long as their SAFEGAURDING, PLAYER WELFARE, and other policies are to our required standards we will not discriminate them because they are a profit or a non profit organisation.

Q)How will the Safeguarding and the Welfare be monitored.

A)This is very high on our membership Enrolment of any club above all else, the club, player,

Officials, parents, spectators are very important to us as a federation, We are members of ICAP (institute of Children Activities Providers), CAA (Children's activities Association), 1st Advantage (DBS Clearance, also we will pay 50% registration on the Government disbaring register of which your original DBS Certificate stays active), with the above membership Safeguarding courses and webinars for all will be given to all members and also if parents wish to be involved they can be, we can also arrange guest speakers at your club on Safeguarding topics.

Q)What is the cost for clubs etc.

A)As we all know cost of membership in leagues and counties are increased mostly every year, and we feel it is time that the FA needs to subsidise counties that all memberships needs to be provided free of charge or as little as possible, but because that is not happening the county and leagues has to charge to be sustainable (that is the most important word sustainable), we on the other hand want to be a sustainable organisation, but more importantly be fare on all levels. We as a federation know many clubs have many teams on average (stats Sport England) on average clubs have two to three teams per age group, and three to four age groups. We will base our membership fee's on the organisations accounts of the previous season, we will ask for total figure of expenditure, income, net and gross profit (talking about gross profit, no club can be sustainable without any profit, otherwise it will not exist, even 80% of all clubs in the UK are registered as CIC, Charitable status but they all got to have a % profit to survive, this is fact via research on 100 clubs registered as above entities and searches in Company house.) Our fee's is stated within our Membership Enrolment.

Q.Will all matches be officiated

A.The federation feels due to our Festival days and League formats and where the matches are Played within the first season 80% will be officiated, Second season our target is 90%, third season, all leagues and Festival days will be 100% officiated, you may ask how, please read league formats.

Q. How high will the federation consider Discipline within the framework of the leagues and other activities the federation organises.

A)The federation will take zero tolerance on any discrimination, abuse, and any other safeguarding and the welfare of our members (players, officials, Parents, Spectators). This again is top priority within the federation. Our policies for the federation and club, Organisations must be adhered, if not it could be automatic withdrawal of the Club, Official, player, Parent.

Q. Will the leagues be formulated to gain more play time and also distance to travel.

A. The federation has formulated the leagues, Festival days and the season to reduce amount of travel to be fair to all concern

Question/answers continued

Q)How will we control player and coach ID at matches .

A) We will require that all teams send a team sheet direct to the Federation and to the opposition by a certain time frame , and both teams must exchange the team sheets before KO , we will recommend that both teams sends the team sheet by electronic means. Please note their could be points deducted if either team does not receive the team sheet as to the federation rule.

Q)How will fines , bans etc be implemented

A)We have considered this are great lengths to be fare on the sustainability of the club financially and its Disciplinary record and how it affects the club , player , parent , official and spectators . There is a growing increase of foul and abusive language towards the officials by managers , Coaches and Parents and these persons will be disciplined very Very harshly within our fines , eith by points deducted or fininacially or both , but it will be directly to the person the club is at fault . Further details in our Fines Section.

Q)Can the points system be more guided to sportsmanship , and Development as well as winning.

A)The federation has complied a point system that will include the above , looking at system at grassroot European clubs etc, and the federation is very much wants a change how points are given compared to normal game of football , briefly all goals scored a point will be given , if any score line has a advantage of three goals that team has an extra 2 points , if an o-o score both teams are awarded 1 point each , the official will award one point for Sportsmanship , development and also one point for spectators behaviour , as any match all club players and spectators are representing their club and being members of the federation .

The Chairman statement .

I have been involved in football for 40 yrs at all levels , I have heard all the comments about the grassroots game , the positives and negatives and looked at the negatives and researched those negatives but keeping the positives in mind when I decided to take that bold step to develop the Federation , and the main point was the Player Development progress over the last 15 yrs , and the gap I feel between Grassroots and Academy Football is getting bigger where as Private Academies it is not. We as a federation will open arms to any organisation that promotes the game with one main attribute and that is the safeguarding , welfare and positive development of the game instead of winning at all costs.

There was many other questions that was asked to the federation which was just important as the above , but we wanted to ensure the top majority was implemented first as well as question that are not above. We have to make a start somewhere to ensure the members have been listened to and actioned . There is a big journey going forward and we wish the members to be the drive behind the federation to ensure its sustainability for many, many years to come.

It is your opportunity to make that change for the good of Grassroots football at all levels.

There was so many other questions that the Federation was asked , which are all valuable questions that we will ensure over time we will pursue them in within the interest of the federation and its members , we have to take a step forward and make the federation for the voice of the members, players, parents and club officials



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1. Player and Coach Development

As a federation the player and the Coaches development within the clubs / members is the future of the federation status and its sustainability and to gain pathways into the professional game via our future partners in the UK and Europe.

The Player : The player within the club must have a clear structure training program if which the federation will require a copy of two age groups structured sessions , and if necessary will give feedback through our Coaching development partners Evolve . We will also hold regular Festival days through the summer months of which the players can be identified through Elite Pathway program (launching 2026 , which will be 1 week training overseas Partners in a professional environment) . The aim through our league formats is they have the chance to come to our own Pre academy program`s

The Coach : The coach as we all know is the most important part of any players development , he is the mentor , figure of respect , tutor , safeguarding and welfare for 1st point of contact . Liaison Co-Ordinator between parents, club , good organiser , Motivator and more. But to gain all that experience we have a duty to the development of those coaches to gain all above and the respect he or she deserves. To do this we have established partnerships with leading organisations to guide an help he or she in our Coaches Development program that includes partners with ICAP , CAA , NSPCC , PFSA . 1st4Sport , Evolve Coaching Tutors and assessors .

The coaches upon the club membership must have certain criteria that we are confident that he / she can maintain a good level of ability to coach the players which are as much as members to the federation as the club/organisations and this is why our coach development program must be implemented throughout the federation . The main point will be we will not discriminate anyone that does not have a FA related qualification (we will accept them) , if the person has playing experience at a good level , Teachers within the PE environment , 1st4sport qualifications , University qualification in Sport Education we will not turn them away . Please see Coach / Club enrolment Requirements .

2 Club / Organisation :

The enrolment / Application for clubs / Organisations we wish to make the process quicker and a lot more efficient , even though we will implement systems in the future to make the process better and even quicker.

The criteria for all clubs must be transparent to all and no discrimination on how the organisation is a non profit or profit club / organisation.

What the club requires to send us via the club / organisation secretary

- a. Club / Organisation full Name and contact details of Secretary , Chairman , Welfare Officer and appointed Treasurer (please note if accountants are used full details of accountants.
- b. All coaches full name , address , and copies of two qualification in coaching and Safeguarding and 1staid in sport award/qualifications (Please note we will request that 1st aid in sport qualifications are the responsibility of the club/organisation.) and current DBS Certification number
- c. Details of the last two years league positions and league name.
- d. Copies of the following policies Health and Safety , Safeguarding , Coaches and spectators conduct policy , Equal opportunities policy , Data and media protection policy.
- e. Full details of home venue (this is not necessary upon application , but will be asked to supply within 28 days)
- f. There may be request for other documentation at a later date .

3. Fee`s :

The federation main aim is to make the fee`s affordable to all but take in consideration of the size of the club / organisation , as some clubs / organisations which have just started and some very much established over the years .

Club League and any cup matches

Club and league fee per season are based on the clubs gross income (hence why we require the previous year Accounts) , the scale is as below

- a. £20000.00 > £30000.00 @ £150 .00
- b. £30001.00 > £40000.00 @ £200.00
- c. £40001.00 > £50000.00 @ £250.00
- d. £50001.00 + @ £300
- e. Players membership £2.50, per player this gives the player its own membership fee , to gain Federation discounts on partner discounts and if that player moves to another federation member club he or she does not pay another fee. Each player will be given a membership number AMN (AFFILIATED MEMBERS NUMBER)
- f. Cup Games are depending on venue , the federation will invoice each club 14 days prior to match and the cost will not exceed £20.00 per club this is only for Semi Final and Finals all other rounds are at central venues and covered by the federation.
- g. Any payments that are overdue a fee of £3.00 will be added every 5 working days , if the payment is not paid within the nth day , all club / organisations activities within the Federation will be stopped.

4) League and Festival days

Leagues : The leagues are formatted on the basis of ability , this will give players the pathway on their ability to reach our highest league , we also take into account the level of the coaches ability and knowledge of the game we all love.

The federation has three periods of a season which gives players the experience of football festivals and the League , this gives the players an all year round playing season with breaks for rest etc.

The Festival season is from May to end of August , the league is from September to end of November , then return Mid February to Mid April . The above is approximately three twelve week periods .

League will consist of Division 1 (low > mid ability) ,Championship (mid > high ability) , Premiership 1 & 2(high > Pre-academy) and then in 2026-27 season Premiership Elite .

- a. Division 1 , this will be one division of 6-8 teams , for 2025/26 season , all matches will be played at central venues on a rotation , unless the any team / club becomes an Federation match venue (please see Rule 9) .The division possibly as from 2026 / 27 will consist of Div1 1 South East , Div 1 South West , Top 2 from each division will be promoted to the Championship.
- b. Championship , This will consist of 6-10 teams in 2025/26 season , all matches will be played as above in Division 1, the top 2 will be promoted Automatically and placed in the South West or South East of the Premiership, bottom two will be relegated to the lower division .
- c. Premiership is again as a South West and South East , will only have 6 teams but they will play midweek and Saturday matches of which this Division will not come into place until 2026/27 season unless we have the right criteria and pitches area available mid week (all astro midweek) . Promotion will be top 2 clubs from each division will be promoted to the Premier Elite .
- d. Premier Elite will consist of no more than 8 teams , format as to the Premiership . We wish to promote the elite as our highest and ensure scouts are there to watch these players to possibly gain semi and pro contracts , also to represent the team and the federation at international venues . From this pool of players we will be looking for senior players to gain playing contracts with our Partners or be invited to our senior team (proposed within 2—3 years)

5 . Team age Groups

The age groups are all by School year , this is the school year the child is entering at the start of each academic year. (please note not their age as of 1st September of any one year) . As due to the Launch of the federation there will be Division 1 South East & South West and Championship South West and South East for all age groups from school year 7 & 8, the promotion on all Division s will be the top two from each division 1 SW & SE will be promoted to Championship SW & SE.

School Year 1—3 play every other week at central locations as friendship matches , please note this will be as a mini Tournament scenario .

School year 4-6 , will be played at central venues at all times , of which they will play minimum of two games , maximum of three .

School year 7/8 , will play two matches at central venues on specific dates arranged by the federation , all other matches are as normal .

School year 9/10 will be introduced in 2026 / 27 season (unless we have enough applications to run the league along with match officials availability .

6. Squads

The federation main aim is to ensure all players get play time , as we do not want any player sat on the bench for the whole duration of any game (please see Rule 11) . This only demoralise the player and loses the interest in the game itself , it also discrimination of the child's ability . The ration of players are as follows , please bear in mind that every team at times

7. Format and duration of Festival Days and Leagues

As you have seen previously, the Federation will be running Festival days and leagues, these will be explained below.

Festival Days: These days are to bring all clubs to their respected area at central locations of which all age groups are playing two > matches between 10am—1pm, The federation has sought central venues that has hospitality so parents, players can gain refreshments etc, the other purpose is to bring the Federation members together as more of a social day for the whole family. The format is different from the league, also it is by choice of the club/team if they wish to attend. All dates will be published on our website, and sent to all secretaries. The formats and cost is below.

- a. The cost of the Festival days are £25 per team
- b. The cost per player (please see Rule 6, this the maximum you can bring) £2
- c. Coaches, Spectators no cost.

8. Format of Festival Days

- a. School year 1 / 2 @ 3 v 3 with target goals
- b. School year 3 @ 4 v 4 with target goals
- c. School year 4 / 5 @ 5 v 5 small goals with 1 goalkeeper
- d. School year 6/7 @ 7 v 7 including Goalkeeper 9v9 goals
- e. School year 8/9 @ 7 v 7 including Goalkeeper 9v9 goals
- f. School year 10 @ 7 v 7 including Goalkeeper 11v11 goals

Duration of Matches for festival days are different to the league matches as the festival days are to bring all teams of the Federation together and promote social skills, bring parents and coaches a day to celebrate the game of football. The Festival days will be from 10am—1pm, all teams will play a maximum of three matches, and approximately 5 festival days between the Months May > Mid August. The available playing squad per school year and match duration is below

- g. School year 1 / 3 allowed 9 players, each game 20 minutes game with 2 minute break, all players must have a minimum of 9 minutes per game, Minimum of 2 Matches, Maximum of 3 matches
- h. School year 4/5 allowed 9 players each game 24 minutes with 2 minute break, all players must have a minimum of 9 minutes per game, Minimum of 2 Matches, Maximum of 3 matches
- i. School Year 6/7 allowed 16 players each game 36 minutes with a 4 minute break, all players must have a minimum of 10 minutes play spread over 2 matches
- j. School year 8/9/10 allowed 16 players each game 40 minutes with a 4 minute break, this team will play 2 matches, possibly 3.
- k. All matches will be played on astro, some occasions, Grass especially school year school 6 > 10

9. League: The leagues are formulated to cater for all levels of which also takes in consideration of Coach Development as well as the player development. Below is the format and the required coaching experience of the Coach/ Managers. The leagues are using a central venue and from that central venue a South West and South East Division will be made, with a maximum of 8 teams per division.

Within a 1-3 year plan we will implement an Champions League SE and SW, Premier SE and SW, Premier Elite (1 division)

- a. Promotion from Div 1 SE and SW will be promoted to Champions SE and SW respectfully.
- b. Promotion from Championship SW & SE the top two of SW and SE will go up to the Premier SE and SW respectfully, the bottom two from SW and SE will be relegated to Div 1 SW or SE respectfully of area
- c. Promotion from the Premier league the top team from Premier SE and SW will be automatically be promoted to the Premier Elite, 2nd Position of Premier will play two match's on an aggregate score line the winner will be promoted to Premier Elite.

Fixtures and Duration of matches

League continued :

10. Fixtures and Duration of matches ;

All fixtures for all school year 2 > 6 are central locations , School year 7 > 9 the teams will be split into central venues , the reason for this is to take away the non availability of referees/match officials , there will not be no more than two fixtures per venue of which will be played Saturdays between 10am > 11.45am KO , on two pitches , all matches must be completed by 1.30pm .

The Duration of matches are as follows , please note the reason we are having all teams to play two matches is , firstly our match officials the most we will need is two , instead of trying to find a match official at two separate venues when we can complete 2 fixtures on the same venue and day.

- a. School year 1 / 3 @ 20 minutes x 2 matches between 10am—12.30pm (there will be an 15 minute duration between matches) 4 v 4 with target goals , allowed maximum of 9 players
- b. School Year 4/ 5 @ 25 minutes x 2 matches between 10am—12.30pm (there will be an 15 minute duration between matches) 6 v 6 including goalkeeper , allowed Maximum 12 players
- c. School year 6 /7/ 8 @ 70 minutes between 10am—12.30pm 9 v 9 including goalkeeper , allowed maximum of 14 players
- d. School year 9/10 /11 @ 90 minutes match , teams that are in the Premier elite they will play 1 x 90 minute matches Saturdays and possibly a mid week games of 1 x 90 minute match. (premier and Premier elite does not come into force until school year 9/10 / 11) 11 v 11 including goalkeeper , allowed 16 players.

11 . Players Match time

All players including the substitutes must play a minimum of the following.

- a. School year 1 / 3 each player must play a minimum of 9 minutes over the duration of both matches .
- b. School year 4 / 5 each player must play a minimum of 9 minutes over the duration of both matches.
- c. School year 6 / 7 / 8 each player must play a minimum of 10 minutes over the duration of both matches.
- d. School year 9 / 10 / 11 there is no minimum for any player , but we do wish that the Manager / Coaches give each player at least some game time which must not be less than 15 minutes at any point of the game.

12. Substitutes .

The federation alongside the players match time as above Rule 11 , the Substitutes must also get match time as no player should be on the bench for the full duration of the match/ matches .

- a. Substitutes are allowed to be played during the half time interval .
- b. The manager / coach is allowed to play 1 roll off roll on substitute during the 2nd period of the match.
- c. The only time a substitute is allowed to enter the field of play is by the instruction of the match official when a player is injured , the injured player after being assessed , he / she can return to the field if the match official feels the player is fit to continue . The player that replaced the injured player must come off (this player can still be used as a substitute later in the game if required.)
- d. All substitutes must wear a bib of which must be either Red or Yellow , if the team colours with the respected colour bibs the Team must provide alternative colour.
- e. All substitutes must warm up to the left side of the technical area without infringing play .

12 . Players Kit / Equipment

The players must have a standard playing kit and equipment that must be suitable for the game / sport . Please all managers / Coaches / match officials inspect players prior to any match. As the federation will expect the duty of the players safety and welfare lays on the above , but the parents has role to play in this as well.

- a. All players must wear a playing kit of which is suitable for the sport , ie Shirt , Shorts , Socks.
- b. All shirts must be clearly numbered which must not be less than 2 inches and no more than 4 inches.
- c. All shirts can be short sleeve or long sleeve . If short sleeve shirts and under clothing is worn this must be the main colour of the shirt)
- d. Any sponsor name printed on the shirt must not be more than 4 inches in height .
- e. All players must wear shingaurds at all time during the match . If brocken , these must be replaced imeadatley , if not he / she will not be allowed to continue the match until shingaurds are worn.
- f. Suitable footwear must be worn that is suitable for the surface of the ground . If the pitch is grass , studs / blades is required , if astro , Rubber studs / trainers is required . The match official has the right not to play a player if the match official feels the correct footwear is not worn.

13. Size of ball for festival days and leagues.

The size of ball and weight of the ball is to FIFA and UEFA regulations within the sport of Football.

- a. School year 1 > 5 size 3
- b. School year 6 > 8 size 4
- c. School year 9 / 10 / 11 size 5

14. Sin Bins

The sin bins / cautions are green , yellow and Red , the federation will adopt this in all leagues and festival days to ensure the discipline , Respect and misconduct on and off the pitch are followed by all , these are issued to players, at first not the club . If any club , team officials and spectators ARE GIVEN A YELLOW this will be given as two yellows on the discipline table.

The Green is for Low graded cautions , Yellow is middle graded cautions and Red is for high graded cautions . The yellow and Green carry time penalties at pitch side , as for red that is a straight send off . There is also a table for Yellow and green , if any club gain a certain amount of green or Yellow a fine will be invoiced to the club . Any red card will be given direct to the person / club.

- a. Green card given will be 2 minutes in the sin bin , the player is not allowed to be replaced by another team member
- b. Yellow card given will be 4 minutes in the sin bin , the player is not allowed to be replaced by another team member
- c. Red card is automatic removal of the player and he/she must not take any further part of the match or matches on that day.
- d. Sin bin scale :if any team gain 8 green cards are issued over 4 matches a fine if £15.00 and that is then transferred as a Yellow , if 8 yellow cards are issued over 6 matches a fine will be £20.00 direct to the clun, the club /team will be asked to possibly attend an non formal meeting with our welfare officer and a member of our discipline team.

15. Cautions / Misconduct / Foul and abusive language.

All cautions will mainly be made by the match officials and any other Federation officials whilst attending matches. Misconduct foul and abusive language can be reported by the match official . Federation Official and any club/ team official against the opposition . The respect for one another during matches or any other Federation activities that the club / team participate must be adhered as to the Federation Respect Policy / Policies. For any other matter concerning abuse to chil-

15 continued

Cautions : This are offences that are actioned by the match official or Match steward (this is a federation steward) no other person can give cautions , if any team has concerns then this must be reported to our discipline team , the outcome will be reported back to the team / official that reported the incident and the team / official that it concerns will be notified of any actions the Federation may take / taken.

16 .Green Card offences : please note these are automatic sin bin duration

- a. Pull back , Push with a forward motion by a opposition player
- b. Trip , minor tackle with out malicious intent .
- c. High leg to win ball without malicious intent .
- d. Holding arms causing player to loose balance / disadvantage of gaining possession of the ball.
- e. Any other unfair attempt of gaining possession of the ball of which the match official feels it is a minor caution that does not cause serious injury
- f. If any player enters the field of play without direct permission from match official a green card is given automatically and will be given a green sin bin duration as stated clause 14 (a).
- g. Any team / club official that approaches field of play , a green card will be shown to retreat back to his/her technical area.

17 . Yellow card offences : please note the sin bin duration may also be given

- a. If any green card offences that an intent action is to gain possession of the ball in an unfair manner and causes injury it will be automatic yellow and the sin bin duration will be actioned.
- b. If a player gains two green cards then a yellow is given , if two yellow cards are given this will then be an automatic red on its third offence.
- c. If a two footed tackle that causes injury to gain possession and does not make contact with ball with out the intent to cause injury a yellow card is shown. Sin bin actioned
- d. If a player intentionally elbows a player in the stomach / neck / back or using his arms , hands across the face a yellow card will be issued., sin bin actioned
- e. If a player approaches the match official and within the match official safety limit (which is 1 metre) he or she will be cautioned , The match official may use the power of the sin bin if he / she feels the player is abusive . If a player approaches the match official again or does not move away a red card will be given automatically.
- f. If a club / team official enters the field at any time other than to attend a player or permission is given by the match official , he /she will be given a yellow card and this will be recorded on the federation disciplinary table.
- g. If any club / team official enters the technical area of the opposition a yellow card will be issued by the match official or Federation official and recorded on the federation disciplinary table.
- h. Any spectator that infringes the federation respect code towards the match officials , Federation officials , opposition club/ team officials , the yellow card will be shown and recorded against the federation disciplinary table

18 . Red card offences

- a. All yellow offences and any actions the Referee feels was severe intent to cause injury with no concern to the opposition player .
- b. After given Green , yellow a automatic red is given.
- c. Spitting.
- d. Foul abusive language by players .

17 . Continued

- e. If any Foul abusive language by any club/ team officials they will be asked to leave the match , and a fine will be issued by the federation direct to that person , he or she will not be permitted to attend any match until the fine is paid (the amount of fine is £35)
- f. If any spectator shouts out any discrimination and racist remarks to any player , match official , opposition officials that person will be shown the red card as to the spectators code of conduct rules , he or she will be asked to leave with their sibling.
- g. Any actions that the match official feels any misconduct , discrimination, racist abuse , causing severe harm to opposition players , the match official can show the red card at their discretion .

18 Field of play Dimensions , Goal size ,

The following rules and conditions for the Size , Surface , Rebound barriers , spectator barriers , are for the interest of the players concerning the safety of the field of play so that the players injuries are very minimum as to Safeguarding and welfare of all concerned.

a Field of play Dimensions.

Age grouping	Type	Length x width	Length x width	Recommended goal size (ft)
		Without run off In yards	Including run off	
School year 1– 3	3 v3 , 4 v4	38 x 28	No run off , rebound boards used , if no boards , 44 x 34	Target goals
School year 4 / 5	6 v 6 School year 4	60 x 40	66 x 46	6 x 12
School year 6 / 7 / 8	9 v 9	80 x 50	86 x 56	7 x 16
School year 9 / 10 / 11	11 x 11	100 x 65	106 x 72	8 x 24
Senior over 18	11 x 11	110 x 70	116 x 76	8 x 24

Please note these are recommended sizes , if at school year 9/10/11 does not have the approximate goal size to school year they must then play 9 v 9 with recommended goal size required. The federation will except other manufactured goals such as quickplay , telescopic goals as long they meet the British standards of safety . Please inform both the federation and opposition 48 hrs before match .

- Goal post Safety : the federation , along with the Department for culture ,Media and Sport , the health and safety Executive and the British standards institution, would like to draw your attention to the following guidelines.
- For safety reasons goalposts aof any size (including those are portable and not installed as a permanent fixture at a practise field of match a match pitch) must always be anchored securely to the ground or have a weighted back bar.
- Portable goals must be secured as to the manufactured recommendations and instructions this is also a requirement for the federation laws of the game in conjunction of British safety standards.
- Under no circumstances should all players of any age be allowed to climb on , swing or play with the structure of the goal
- Regular inspections must be carried out to check for any damage prior to any game , and as a regular maintenance plan.

Continued : Goal post sizes pge 10

- Portable goals should be dismantled and not left in place at any time after use , and placed in a secure place of storage.
- The use of metal cup hooks on any part of the goal must not be used as these was banned in 2007 . Nets may be Secured by plastic cup hooks or arrow head hooks or tape.
- At no circumstances that homemade goals are used , or any goals that has been altered is against the British Standards of safety regulations. The federation will not also accept wooden goal post as these are banned due to Not meeting the British standards of safety.

18 (c) Line Marking :

The main factors of marking out lines are the same as that of other routine tasks of maintenance , planning of pitch requirement to field a match.

- Duty of care : under the health and safety act 1974 every employer has a duty of care to ensure the work place is for their employees , contractors , visitors , players, and spectator's .
- The control of substances hazardous to health regulations 1994 (COSHH) PREVENT ILL HEALTH FROM EXPOSURE TO ANY HAZARDOUS SUBSTANCES PRESENT IN THE WORK PLACE .
- Risk assessment: all clubs must carry out risk assessment of all tasks within the boundary of the club premises , as and when activities take place , ie matches , etc. It is the responsibility of the club management to conduct a risk assessment as to the Health And Safety regulations .
- Permanent paints and powders must in line to all COSHH health and Safety regulations of substances , the food and environment act 1958 , the control of pesticide regulations 1986.
- Dry line markers , these are for applying dry powder compounds
- Pressure pump markers : wheel driven pump forces making fluid through a jet directly onto the surface , insure they meet the required permissible substance according to COSHH etc. as above.
- There is also Electric pump , Belt feed , wheel transfer markers .
- Where pitches crossed the lines should be clearly distinguishable by different coloured markings .
- The use of cones to divide pitches , only flat cones can be used for small sided games up to 9 v 9 , no other formation is acceptable to be played with any shape of form of cones .
- The respect area and technical areas must be clearly marked with white interrupted lines of 3 inch gaps , 10 yards x 3 yards with a 5 yrd area dividing each technical area.
- Respect barriers are to be a minimum of 3 metres away from the touch line or boundary wall , fence. And separated as home and away areas which must be behind the technical area..



19 . Match Reports , Results ,

The federation wish this to be as simple as possible so it not so time consuming for all concerned.

- a. Match official reports must be with the Federation Fixture Secretary by 6pm Monday following the Saturday league match,
- b. Individual Club / organisation report with the result , goal scorers and assists (please insure full names are in bold print) , the reports must be with the Fixture secretary by 6pm the following Tuesday after each match. The report must also give the points given to the opposition out of 5 , one as the highest 5 is the lowest , this must include how the opposition played in a sportsmanship and respectful manner , the spectators behaviour and respect to their opposition , and also the match official overall mark out of 10 .
- c. All results for school year 1—6 will **NOT BE SHOWN ON ANY LEAGUE TABLES .**
- d. No club or organisation is forbidden to publicise any match results , reports or any other information about their match through social media , electronic email , other than to the federation welfare officer.
- e. Any club or organisation that falls in breach of the Data Protection will be fined or removed from the federation after a full investigation by our welfare and general management of the federation.
- f. Any team that questions the result , must contact the federation within 24 hrs after the match , please note ensure the result is confirmed by the match official at the end of your match , as we will take the result of the match official if we receive your enquiry after the 24 hr deadline .

20. Free Kicks as to the IFAB:

Please note the following Rules 20—31 only relate to school year 7-11 , for school year 2-6 all free kicks will be taken as indirect free kicks, Corner kicks and Throw-ins are not used as rebound boards are in place. (if no rebound boards , the ball must be rolled into play and opponents must be 2 metres away from the teams player taking the roll in.

Types of free kick Direct and indirect free kicks are awarded to the opposing team of a player, substitute, substituted or sent-off player, or team official guilty of an offence. Indirect free kick signal The referee indicates an indirect free kick by raising the arm above the head; this signal is maintained until the kick has been taken and the ball touches another player, goes out of play or it is clear that a goal cannot be scored directly. An indirect free kick must be retaken if the referee fails to signal that the kick is indirect and the ball is kicked directly into the goal. Ball enters the goal

- a. if a direct free kick is kicked directly into the opponents' goal, a goal is awarded
- b. if an indirect free kick is kicked directly into the opponents' goal, a goal kick is awarded

21. Procedure all free kicks are taken from the place where the offence occurred , except

- a. indirect free kicks to the attacking team for an offence inside the opponents' goal area are taken from the nearest point on the goal area line which runs parallel to the goal line
- b. free kicks to the defending team in their goal area may be taken from anywhere in that area Free Kicks 122 123
- c. free kicks for offences involving a player entering, re-entering or leaving the field of play without permission are taken from the position of the ball when play was stopped. However, if a player commits an offence off the field of play, play is restarted with a free kick taken on the boundary line nearest to where the offence occurred; for direct free kick offences, a penalty kick is awarded if this is within the offender's penalty area
- d. The ball must be stationary and the kicker must not touch the ball again until it has touched another player is in play when it is kicked and clearly moves Until the ball is in play .
- e. all opponents must remain: at least 9.15 m (10 yds) from the ball, unless they are on their own goal line between the goal-posts outside the penalty area for free kicks inside the opponents' penalty area
- f. Where three or more defending team players form a 'wall', all attacking team players must remain at least 1 m (1 yd) from the 'wall' until the ball is in play.

23. Offences and sanctions If, when a free kick is taken, an opponent is closer to the ball than the required distance, the kick is re-taken unless the advantage can be applied; but if a player takes a free kick quickly and an opponent who is less than 9.15 m (10 yds) from the ball intercepts it, the referee allows play to continue. However, an opponent who deliberately prevents a free kick being taken quickly must be cautioned for delaying the restart of play. If, when a free kick is taken, an attacking team player is less than 1 m (1 yd) from a 'wall' formed by three or more defending team players, an indirect free kick is awarded. If, when a free kick is taken by the defending team inside its penalty area, any opponents are inside the penalty area because they did not have time to leave, the referee allows play to continue. If an opponent who is in the penalty area when the free kick is taken, or enters the penalty area before the ball is in play, touches or challenges for the ball before it is in play, the free kick is retaken. If, after the ball is in play, the kicker touches the ball again before it has touched another player, an indirect free kick is awarded; if the kicker commits a handball offence:

- a. a direct free kick is awarded
- b. a penalty kick is awarded if the offence occurred inside the kicker's penalty area unless the kicker was the goalkeeper in which case an indirect free kick is awarded

24. Penalty Kicks

A penalty kick is awarded if a player commits a direct free kick offence inside their penalty area. A goal may be scored directly from a penalty kick.

- a. The ball must be stationary, with part of the ball touching or overhanging the centre of the penalty mark and the goalposts, crossbar and goal net must not be moving.
- b. The player taking the penalty kick must be clearly identified.
- c. The defending goalkeeper must remain on the goal line, facing the kicker, between the goalposts, until the ball is kicked. The goalkeeper must not behave in a way that unfairly distracts the kicker, e.g. delay the taking of the kick or touch the goalposts, crossbar or goal net.
- d. The players other than the kicker and goalkeeper must be at least 9.15m (10 yards) from penalty mark
- e. Behind the penalty mark
- f. Inside the field of play
- g. Outside the penalty area

25. After the players have taken position to take penalty, the referee signals for the penalty kick to be taken.

- a. The player taking the penalty kick must kick the ball forward; backheeling is permitted provided the ball moves forward.
- b. When the ball is kicked, the defending goalkeeper must have at least part of one foot touching, in line with, or behind, the goal line.
- c. The ball is in play when it is kicked and clearly moves.
- d. The kicker must not play the ball again until it has touched another player.
- e. The penalty kick is completed when the ball stops moving, goes out of play or the referee stops play for any offence.
- f. Additional time is allowed for a penalty kick to be taken and completed at the end of each half of the match or extra time. When additional time is allowed, the penalty kick is completed when, after the kick has been taken, the ball stops moving, goes out of play, is played by any player (including the kicker) other than the defending goalkeeper, or the referee stops play for an offence by the kicker or the kicker's team. If a defending team player (including the goalkeeper) commits an offence and the penalty is missed/saved, the penalty is retaken.

26. Throw ins

A throw-in is awarded to the opponents of the player who last touched the ball when the whole of the ball passes over the touchline, on the ground or in the air. A goal cannot be scored directly from a throw-in:

- a. if the ball enters the opponents' goal – a goal kick is awarded
- b. if the ball enters the thrower's goal – a corner kick is awarded

27. At the moment of delivering the ball, the thrower must:

- a. Stand facing the field of play
- b. Have part of the each foot on the touchline or on the ground outside the touchline
- c. Throw the ball with both hands from behind and over the head from the point where it left the field of play, the player is allowed 1 metre Run up to the point the ball leaves both hands and enters field of play, if the players exceeds the 1 metre rule a throw in will be awarded to the opposition.
- d. All opponents must stand at least 2 m (2 yds) from the point on the touchline where the throw-in is to be taken.
- e. The ball is in play when it enters the field of play. If the ball touches the ground before entering, the throw-in is retaken by the same team from the same position, if the throw-in is not taken correctly, it is retaken by the opposition.
- f. All opponents must stand at least 2 metres from the point on the touchline where the throw-in is taken.
- g. If a player, while correctly taking a throw-in, deliberately throws the ball at an opponent in order to play the ball again but not in a careless or a reckless manner or using excessive force, the referee allows play to continue
- h. The thrower must not touch the ball again until it has touched another player.

28 . Goal kicks: A goal kick is awarded when the whole of the ball passes over the goal line, on the ground or in the air, having last touched a player of the attacking team, and a goal is not scored. A goal may be scored directly from a goal kick, but only against the opposing team; if the ball directly enters the kicker's goal, a corner kick is awarded to the opponents.

- a. The ball must be stationary and is kicked from the point within the goal area by a player of the defending team.
- b. The ball is in play when it is kicked and clearly moves.
- c. Opponents must be outside the penalty area until the ball is in play.

29. If, after the ball is in play, the kicker touches the ball again before it has touched another player, an indirect free kick is awarded; if the kicker commits a handball offence:

- a. A direct free kick is awarded
- b. A penalty kick is awarded if the offence occurred inside the kicker's penalty area, unless the kicker was the goalkeeper. In which case an indirect free kick is awarded.
- c. If, when a goal kick is taken, any opponents are inside the penalty area because they did not have time to leave, the referee allows play to continue. If an opponent who is in the penalty area when the goal kick is taken, or enters the penalty area before the ball is in play, touches or challenges for the ball before it is in play, the goal kick is retaken.
- d. If a player enters the penalty area before the ball is in play and fouls or is fouled by an opponent, the goal kick is retaken and the offender may be cautioned or sent off, depending on the offence.
- e. For any other offence, the kick is retaken.

30. Corner kicks ; A corner kick is awarded when the whole of the ball passes over the goal line, on the ground or in the air, having last touched a player of the defending team, and a goal is not scored.

A goal may be scored directly from a corner kick, but only against the opposing team; if the ball directly enters the kicker's goal, a corner kick is awarded to the opponents.

- a. The ball must be placed in the corner area nearest to the point where the ball passed over the goal line as to the marked corner kick area .
- b. The ball must be stationary and is kicked by a player of the attacking team.
- c. The ball is in play when it is kicked and clearly moves; it does not need to leave the corner area.
- d. The ball is in play when it is kicked and clearly moves; it does not need to leave the corner area.
- e. The flag post must not be removed /move.
- f. Opponents must remain at least 9.15 metres (10 yds) from the corner arc until the ball is in play.

31 . If, after the ball is in play, the kicker touches the ball again before it has touched another player, an indirect free kick is awarded; if the kicker commits a handball offence

- a. A direct free kick is awarded
- b. A penalty kick is awarded if the offence occurred inside the kickers penalty area, unless the kicker was the goalkeeper, in which case an indirect free kick is awarded.
- c. If a player, while correctly taking a corner kick, deliberately kicks the ball at an opponent in order to play the ball again but not in a careless or reckless manner or using excessive force, the referee allows play to continue.

For any other offence, the kick is retaken.

Please note all awarded free kicks is the referees final decision , any decent against the match official will be a sending off offence, of the player , club management .



Youth Football
Development Federation

30 .Fee`s / Fines / Charges

Please note to all clubs / Organisations that fines are the responsibility of the Parent / Player unless stated in the table of fines, as a federation and past experience of Committee members far to many clubs are put into a financial crisis due to Coaches ,Parents and Players Actions that lead to fines of which , especially coaches that sign a code of conduct within that club/organisation , so we as a Federation hold he or she responsible for their actions , not the club, as mentioned unless we feel the club is partly or fully to blame

Club and league registration/application fees : These fee`s are based on the club / organisation previous approved accounts of income of which upon registration they must provide accounts.

Table of League and Club /organisation Application Fees				
Income Band	£5000 > £20000	£20100 > £30000	£30100 > £40000	£40100 +
League / Club Affiliation	£150.00	£200.00	£250.00	£300.00
Deposit	£25 deposit	£35.00 deposit	£45 deposit	£60.00
Any club / Organisation That do not Pay any outstanding fees a % will be charged on a weekly basis after 5 working days	5%	5%	7.5%	7.5%
Player Registration for league only	£1.00	£1.00	£1.00	£1.00
Festival Days Player Registration	£2.00			
Team Registration for festival days	£38.00			

31 .Fines .

- a. (1) All semi and final cup games will be held at a federation central venue £10 for both Teams
- b. Yellow card fines minimum £5 , Maximum £12.50
- c. Red Card fines Automatic £25.00 , if the club / Organisation wish to appeal a payment of an non refundable fee £25.00 . If the outcome of the appeal is not guilty the Red card fee £15.00 will only be returned.
- d. Spectators fine category Yellow £10.00 , Category Red £20
- e. Club officials Category Yellow £15.00 , category Red £25.00
- f. Late results £5.00 (this is a club fine)
- g. Playing kit non compliance (ie no shin pads , wrong home or away registered colours ,) £5.00 (this will be a club fine)
- h. Any request from the federation reference confirmation of any documentation other than at the registration procedure sent , if no reply within 5 working days a fine of £2 per day that it is overdue. (this is a club / organisation fine)
- i. Rule 17 (e & f) £35.00
- j. Team sheets not exchanged by either team £3.00
- k. Sin Bin scale Rule (14 d) Green £15 , Yellow £20

32. Federation contact details

To all clubs , as many of us has other employment whilst running teams . Clubs and other organisation the Federation will require to respect our officers reference to their time and family life. We respect that everyone needs replies by a certain time to ensure you receive feedback promptly .

We will try and ensure all messages are replied within 48 hrs . We wish all messages are by email only , we will also set pacific time slots for any Mobile / telephone calls so that we respect one another's time . The officers of the Federation will only accept calls from 6.00pm—7pm on Tuesdays and Thursdays (but please remember , we would prefer emails.) if any calls are answered any other times the officers will not take the call.

Chairman : Mr Chris Parry : Email disacademy01@gmail.com : Phone calls 10am—11am Mondays ,Wednesday and Friday (please note if not answered please leave Message)

Welfare Officer : Leanne Mallett , Email : (Safeguarding courses and CPDs by ICAP . CAA) DBS Clearance 1st Advantage .

General Secretary :

Treasurer / Accountants. Hill Osbourne Accountants , Poole , Dorset.

League Secretary / Fixtures Secretary : Subash Oliver , Email : subasholiver@yahoo.co.uk

Coach Development Officer : To fill (Tutors Evolve Coach Education)

Media Liaison Officer : To fill

Advertising Officer ; to fill

Other useful numbers .

NSPC / NPSU : 0116 3665580

Police (Hampshire) Police Station address :Southern Road .Southampton.SO15 1AN
(101 report as child protection issue)

Police (Dorset) Police Station address ,Madeira Road. Bournemouth .Dorset ,BH1 1QL
(101 report as Child Protection issue

Southampton General Hospital ,Trenmona Road Southampton SO16 6YD

Bournemouth & Christchurch Hospital , Castle Lane East , Bournemouth .BH7 7DY

Poole Hospital , Longfleet Road , Poole , Dorset .BH15 2JB

Emergency Calls 999 , Non emergency 101